



# OFFICE OF THE SHERIFF CITY AND COUNTY OF SAN FRANCISCO

1 DR. CARLTON B. GOODLETT PLACE  
ROOM 456, CITY HALL  
SAN FRANCISCO, CALIFORNIA 94102



**PAUL MIYAMOTO**  
SHERIFF

## **JAIL PROGRAMS AND EDUCATIONAL CLASSES**

### **Affordable Care Act (ACA):**

The San Francisco Sheriff's Office (SFSO) has dedicated staff to help facilitate health insurance applications by collecting and forwarding information to the Human Services Agency.

### **Alcoholics Anonymous (A.A.):**

A 12-step program that assists individuals with alcohol addiction. The goals of A.A. are to support participants in maintaining their sobriety. Meetings are facilitated in English and Spanish for men and women.

### **College Pathways:**

Five Keys partners with City College of San Francisco (CCSF) to offer up to 4 classes per semester. In addition to general education courses, students at County Jail #5 can pursue a 12-credit Entrepreneurship and Innovation Certificate of Specialization. SFSO, CCSF and Five Keys are currently working to launch two certificate programs at County Jail #2: a 250-hour Culinary Arts Certificate, as well as a Social Justice certificate. All of the CCSF classes are open to qualifying students working toward their high school diploma to receive dual enrollment credit as well as to high school graduates.

### **COVER (Community of Veterans Engaged in Restoration):**

The COVER Program provides direct services to incarcerated Veterans by engaging them in case management services, support groups, reentry planning, linkages to community-based organizations and resources and benefits advocacy in collaboration with the VA and other in-custody service providers.

### **Discharge Planning:**

The Sheriff's Office provides discharge planning, Monday through Friday, from 2pm until 10pm, to assist clients who are released at night. The discharge planner can assist with transportation, emergency housing, access to a phone, hygiene items and information about other resources that could be helpful. In addition, the discharge planner provides reentry planning for high-risk and vulnerable clients and refers homeless clients for in-custody assessments for the Adult Coordinated Entry of the Department of Homelessness and Supportive Housing. The Discharge Planning Office also administers the SFSO **Safe Passage** program, which provides emergency hotel room stays for vulnerable clients.

**Discovering Your True Self (DYTS):**

This group works with clients to support them in changing their lives. DYTS breaks down self-hatred and promotes self-love, challenging the motto of money, sex, drugs, guns and gangster rap. This class is offered at County Jail #4.

**Five Keys Charter High School:**

Earn your high school diploma while in custody! Work on your English, reading, writing and math skills and get your high school diploma or GED with Five Keys Charter School. If you live in a school pod at County Jail #2 or County Jail #5, you will go to classes every day. If you live in other housing areas, you can get one-on-one instruction, and complete homework on your own to earn high school credits. Regardless of when you left school, Five Keys can work with you. Five Keys will get your old high school transcripts and transfer the credits you already have. You can also earn high school credits for working and participating in programs. Five Keys has free classes in the community in San Francisco and Oakland, so you can continue your education after you get out of jail. Five Keys also provides an Independent Study Program (ISP) to students unable to attend classes due to court-mandated programming, or for those who are otherwise not approved by sworn staff to be in the corridor. Independent study teachers work with students 1:1 or in small groups in non-school pods.

**Glide Services:**

Glide Women's Center provides a continuum of supportive services to women struggling with violence and poverty. The Glide Foundation provides case managers in the women's intake pod at County Jail #2. Glide staff provide gender responsive services to include treatment groups and enhanced information and referral services.

**Jail and Reentry Services (JARS) Library Program:**

The San Francisco Public Library, in partnership with San Francisco Sheriff's Office, provides books and reference services to people in custody at County Jails #2, #4, and #5. Jail and Reentry Services (JARS) connects people who recently experienced incarceration. The library's many resources include support for successful reentry and provides reference services by mail to incarcerated people around the country.

**Jail Based Career Center Programing:**

The goal of the program is to increase the numbers of job placement opportunities for those reentering the community, by better integrating career services with the criminal justice system. The program works with participants on creating their master application and resume while identifying career goals. Each participant will create their own employment reentry plan and will be connected to America Works once they are released. If additional training is needed staff will identify training providers and assist the participant with connecting the dots to ensure success.

**Keys to Change and Keys to College:**

Five Keys runs two programming "pods" at County Jail #5: Keys to Change and Keys to College. Both pods feature a variety of courses and programs, including college classes, college readiness curriculum, restorative justice, life skills, substance abuse classes and community building meetings. Most of the students have a high school diploma or GED, however; some students have been approved to participate while concurrently working on their diplomas.

**Law Library:**

The Law Library is provided at County Jails #2, #4, and #5. Interested persons must request Law Library access from Prisoner Legal Services using a *Legal Request Form* or *Law Library Request Form*.

**Living is For Everyone (LIFE):**

Based on the framework of Alive & Free Prescription to End Violence™, LIFE violence reduction curriculum engages participants through a variety of mediums, including to music, film and writing, rooted in restorative justice practices. Participants learn about the type of thinking that triggers violent behavior and begin to identify the risk factors associated with violence. Participants gain an understanding of the negative impact of the Male Role Belief System, on their behaviors in all aspects of their lives. Participants learn techniques to heal the emotional residue and trauma associated with destructive behavior. Lastly, participants will learn new rules for living and will gain communication and facilitation skills to lead future training cycles. This program is available to the TAY (Transitional Age Youth) population at County Jail #5.

**Men's Mentoring Movement (M3):**

Provides reentry groups and peer mentorship training in the jails and at Community Programs. M3 provides a monthly breakfast in the community for all interested persons.

**Narcotics Anonymous (N.A.) Meetings:**

N. A is a 12-step meeting program that focus on assisting persons with substance use. Meetings are facilitated in English and Spanish for men and women.

**Older Adult In-Custody Services:**

Provides case management, support groups and reentry planning for sentenced and post-plea clients who are 55 years and older in County Jails #2, #4, and #5.

**One Family Program:**

One Family is a clinical parenting program that works with incarcerated parents to support them in discovering their full potential as parents. Services provided by One Family staff include parent-child contact visits, one-on-one therapy, in depth parenting classes, in-custody parent-teacher conferences, and Human Services Agency /Child Protective Services. The One Family Program and its parenting classes are offered in County Jails #2, #4, and #5. Classes are mandatory for those applying for parent-child contact visits.

**Recipe for Success:**

Designed to provide individuals in custody with food service training and practical work experience, Recipe for Success is a vocational training program offered to kitchen workers at County Jail #5. Participants learn industry safety standards, proper food handling, recipe adherence, and prepare for the ServSafe exam and certification.

**Reentry Pod:**

The Reentry Pod provides cognitive behavioral programing, education, fitness and reentry services to primarily persons who are on probation or subject to probation upon release. Five Keys helps to facilitate reentry planning as well as warm hand-offs to out of custody case management with partner agencies including:

- UCSF Citywide
- NoVA (No Violence Alliance)
- Road Map to Peace
- Senior Ex-Offender Program

**Religious Services:**

Religious Services provides spiritual guidance to incarcerated individuals of various denominations. Religious Services provide services in a multitude of faiths, as well as one-on-one spiritual counseling, bible study and grief counseling sessions. Religious Services also presents various activities, such as concerts, dinners, conferences, faith-based movie nights and holiday gifts. Religious Services also holds "Prayer at the Gate" an interfaith support system for visiting family members at County Jail #5. Religious Services are available at County Jails #2, #4, and #5.

**Resolve to Stop the Violence Project (RSVP):**

RSVP is a violence intervention and prevention program for men focusing on offender accountability, violence prevention, survivor impact and restorative justice. Program participants learn how to stop their violent behavior; they are given opportunities to understand, take responsibility for, and repair the harm they have done. They receive case management, daily groups, and a study curriculum that help them to change their behaviors, beliefs and attitudes. Participants learn ways accept the consequences of their violence toward victims, families and community while discovering opportunities to heal the harm they have caused. RSVP staff work in collaboration with the SFSO Survivor Restoration team. This program is offered at County Jail #2.

**Roadmap to Peace (RTP) Programming:**

Five Keys provides in-custody care management to clients aged 18-24 who are enrolled in Roadmap to Peace. Staff provide targeted case management to help these young adults become connected to neighborhood organizations and provide support that can lead to violence-free self-sufficiency upon release from jail. Clients in RTP are primarily housed in County Jail #5 and in the Reentry Pod of County Jail #2 and in County Jail #4. Five Keys helps to facilitate reentry planning as well as warm hand-offs to out-of-custody case management. RTP partner agencies include:

- CHALK a program of Bay Area Community Resources
- Horizons Unlimited
- Mission Neighborhood Centers
- Mission Neighborhood Health Center
- The Samoan Community Center
- Young Community Developers
- Young Women’s Freedom Center

**Roads to Recovery:**

A substance abuse treatment and behavior modification program for men. This is an intensive case management program, provides participants with life skills, recovery process groups, re-entry planning, and drug treatment program referrals. Case managers provide individual counseling. This program is at County Jail #4.

**Sister in Sober Treatment Empowered in Recovery (SISTER):**

SISTER is a substance abuse treatment and behavior modification program for women. This intensive case management program provides participants with recovery education, psychoeducational groups, life skills workshops, re-entry planning, substance abuse groups and referrals to treatment programs. The SISTER program is offered at County Jail #2.

**Successful Transitions for A New Direction (STAND):**

STAND addresses the needs of incarcerated cis and transwomen survivors of domestic violence, stalking, and trafficking by providing trauma-informed, culturally responsive and strength-based treatment through groups, individual counseling and case management. STAND is offered at County Jail #2 and the Women's Resource Center.

**Stanford Educational Courses:**

Stanford University provides educational services, including lecture classes, seminars, writing groups and book clubs to interested students housed at San Francisco County Jail #5. All educational services are taught by Stanford graduate students (master's students, law students, doctoral students) and post-doctoral and research fellows drawn from a range of disciplines. The disciplines include law, education, sociology, engineering, biology, and psychology. The lecture series runs twice a year, in the Fall for nine weeks, and in the Spring for nine weeks. Students are required to complete weekly reading and writing assignments, attend weekly class meetings, meaningfully participate in class discussions and activities, and produce a carefully edited, high-quality final project.

**Survivor Restoration Program (SRP):**

SRP provides advocacy and support services for survivors of domestic and random violence whose perpetrators are participating in SFSO custody and community offender programs. SRP case managers assist survivors by coordinate referrals for safety planning and crisis interventions. SRP provides referrals and works in collaboration with appropriate agencies, such as the DA's victim services, hospitals, housing, welfare offices, immigration, legal, employment, and financial institutions, along with community-based organizations as needed. Survivors are supported while navigating through the criminal justice system, and other city agencies. SRP's goals are to empower and transition clients to our Survivor Empowerment Program.

SRP advocates are committed to the Survivor Impact program to raise awareness in our community with training presentations for the many challenges that survivors face and to increase sensitivity. SRP also raises awareness on the importance of Restorative Justice Programs that hold offenders accountable, repair the harm caused, survivor restoration, empowerment and community involvement for both.

**Transitional Age Youth (TAY) Resiliency Program:**

Five Keys staff provide case management support services for young adults beyond the Roadmap to Peace population that include facilitation of violence prevention therapeutic programs for young adults in jail and one-on-one intensive case management.

## **COMMUNITY / RE-ENTRY PROGRAMS**

Community Programs supports people transitioning from custody by providing resources that can provide the skills and tools needed to make a positive re-entry into the community. Re-entry programs include intensive case management services, building re-entry/relapse prevention plans, job skills training, batterer intervention and prevention programming and general education classes.

### **Community Programs Offices:**

70 Oak Grove Street, San Francisco (415) 575-6450

Programs at 70 Oak Grove Street includes: Five Keys Charter High School (earn a GED or High School Diploma), Sheriff Work Alternative Program (SWAP), Treatment On Demand (TOD), which has classes such as anger management, substance abuse, parenting, job readiness and placement, ManAlive, and Transitional Age Youth (TAY) services.

### **Women's Resource Center (WRC):**

930 Bryant Street, San Francisco (415) 734-3150

The Women's Resource Center (WRC) was designed by women for women. The WRC provides evidence-based, gender-responsive, trauma-informed, re-entry services for cis and transgender women age 18 and over. We specialize in addressing the issues of women disenfranchised by criminal justice involvement, and poverty. You do not need to be justice involved to utilize our services. The center is open from 8:30 am until 4:30 pm, Monday through Friday, and offers morning coffee, warm meals, clothing and toiletries.

WRC is safe space, and offers many healing modalities, including acupuncture, nutrition/cooking courses, theater and visual art activities. In addition, our facility has a domestic violence crisis unit, seeking safety, parenting, relapse prevention, anger management and TAY case management.

### **No Violence Alliance Program (NoVA):**

555 – 7<sup>th</sup> Street, Suite 201, San Francisco

No Violence Alliance (NoVA) Project works with people transitioning from the San Francisco County Jails to the community. These individuals volunteer to work intensively with a case manager. The NoVA project believes that successful reentry is about connecting people with community service agencies and faith-based organizations that provide ongoing resources and support. The vision of NoVA is that clients released from jail in San Francisco will get the support and tools needed to succeed in the community.

### **Five Keys Charter School:**

70 Oak Grove Street, San Francisco (415) 734-3310

Five Keys works to restore communities through education and programs tailored to student and community needs. This, in turn, creates safer communities. Five Keys provides a range of educational programs and services, including high school diplomas, jail-based job centers, career and technical education, digital literacy, ESL, cognitive behavioral therapy, recovery programs, violence prevention, case management, correctional education consulting and college and career counseling in nine California counties.